

Interession Sample Daily Schedule

8:30 – 9:30	Check-in, Breakfast	Cereal, milk, orange juice, bananas
9:30 – 10:30	Welcome, Meeting time, and Social-Emotional Learning	Responsible Decision-Making: How can you conserve (or make more) energy?
10:30 – 11:00	Wash hands/Snack	Graham Crackers, Milk
11:00 – 11:45	Core Enrichments	Student Store
11:45 – 12:25	Outdoor Time	Sharks and Minnows
12:25 – 12:35	Transition Inside: Restroom/Wash Hands	--
12:35 – 1:10	Lunch	Turkey Sandwiches with Carrot Raisin Salad and Wheat Crackers
1:10 – 2:00	Quiet Time: Rest/Meditation/Mindfulness Activity	Stretching
2:00 – 3:00	Core Enrichments	Catapult Challenge
3:00 – 4:00	Outdoor Time	Cooperation Tag
4:00 – 5:00	Discovery Time	Chalk Portraits
5:00 – 5:30	Clean Up / Pick Up	--